

SUMMER BREAK 2024

CHILDREN & ADOLESCENTS: RECOMMENDED FOR 8-12 YEARS OF AGE
(3RD, 4TH, 5TH & 6TH GRADES)

**NAVIGATING EMOTIONS AND FRIENDSHIPS
SAFE INTERNET/SOCIAL MEDIA USE FOR TWEENS & TEENS
POSITIVE SELF-ESTEEM**

Workshops are facilitated by therapists and follow a group therapy format.

Each workshop is 2 hours long and has a break built in.

Please send your child/adolescent with a water bottle & snack for break.

WHO (SUGGESTED AGE): 8-12 YEARS OLD (3RD, 4TH, 5TH & 6TH GRADES)

**WHERE:
BELLOSA COUNSELING
350 S. NORTHWEST HWY, SUITE 300
PARK RIDGE**

Drop off and pick up at our main lobby on the 3rd floor. Kids will not be allowed to leave our office suite without a parent/caretaker.

WHEN: (CAN REGISTER FOR ONE OR AS MORE DATES)

Week #1

June 11th 12:30pm-2:30pm

June 12th 12:30pm-2:30pm

June 13th 12:30pm-2:30pm

Week #2

June 18th 12:30pm-2:30pm

June 19th 12:30pm-2:30pm

June 20th 12:30pm-2:30pm

COST: \$50 per workshop / per child

REGISTRATION: PLEASE COMPLETE THE GOOGLE FORM

[CLICK HERE TO REGISTER](#)

QUESTIONS: Please Contact:

intake@bellosacounseling.com or 847.220.4977



350 S. Northwest Highway, Suite 300

Park Ridge, IL 60068

Phone: 847.220.4977 | Fax: 847.656.5201

www.BellosaCounseling.com

SUPR License # A-2825-0001-A